

FAQ Page

This sounds great, but I'm SO scared of speaking. Can this work for someone like me? Yes. We've designed this membership program for people just like you. It was created with the guidance and support of registered psychologists who know just how real your anxiety is. It will guide you to move through your anxiety through training and practice opportunities that are psychologically safe. (No trial-by-fire. No judgement. Nothing gross.) And, the self-paced nature of the program also allows you to move through the training at a comfortable pace.

Do I have to attend every single Practice Session? No! You can attend as many (or as few) Practice Sessions as you'd like, although we do encourage you to try and attend as many as you can to get the most out of our time together.

How much time will I need to invest? Since the lessons are self-paced, it's really up to you. But we recommend investing at least 3-6 hours per month so that you can really double-down on learning and skill-building. At the end of the day, the more time you invest, the more results you'll see, and the farther you can take yourself!

Do you offer any in-person events? At the moment Speak for Success offers training exclusively online, although in the future we will host select workshops as well as special events in key cities. So stay tuned for an in-person event coming to a city near you!

Which application do you use for training? Zoom. Closed captioning is available.

Do you offer corporate training? Yes! We've partnered with companies like Microsoft, SADA, Commit, and Metalab (to name just a few) to offer internal workshops to their team. If you're interested, contact us at hello@speakforsuccess.ca.

English is not my first language. Can I still register? Yes, although to get the most out of this experience it is recommended that you are fully fluent in English.

How is this different or better than Toastmasters?

Speak for Success

Have you been advised to join a Toastmasters club to work on your speaking skills? Here's why joining Speak for Success is way better.

Toastmasters	Speak for Success
Focused on formal speeches for keynotes, weddings, conferences.	Focused on the day-to-day communication skills that matter most in the workplace.
Run by volunteers.	Run by professional coaches and facilitators.
Minimal opportunity to practice speaking (1.5 hour meetings, yet only 3-7 minutes of speaking time).	Ample opportunity to practice speaking (1-hour meetings with 25-35 minutes of speaking time).
No online community.	A growing online community that provides access to the wider member directory.
Not tailored to any audience.	Specifically tailored to women in the workplace.
Access to 1 basic module (then \$20USD for each additional module).	One flat fee that provides access to 9 Learning Toolkits (aka 'module') with of over 50 lessons and 25 worksheets, templates, checklists and more.
No option to join anonymously.	Option to join anonymously.
Obligation to support with club meeting preparation, role-assignment and administration (since it's a volunteer-run organization).	No organization or preparation required (everything is organized and run by Speak for Success).